

# ARTHROSCOPIC ANKLE FUSION



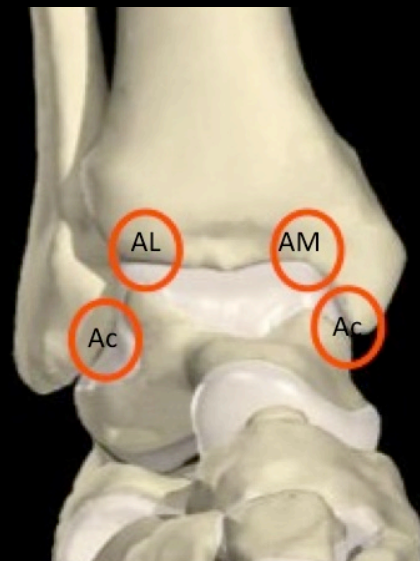
# SETTING, PORTALS

- SUPINE POSITION



# SETTING, PORTALS

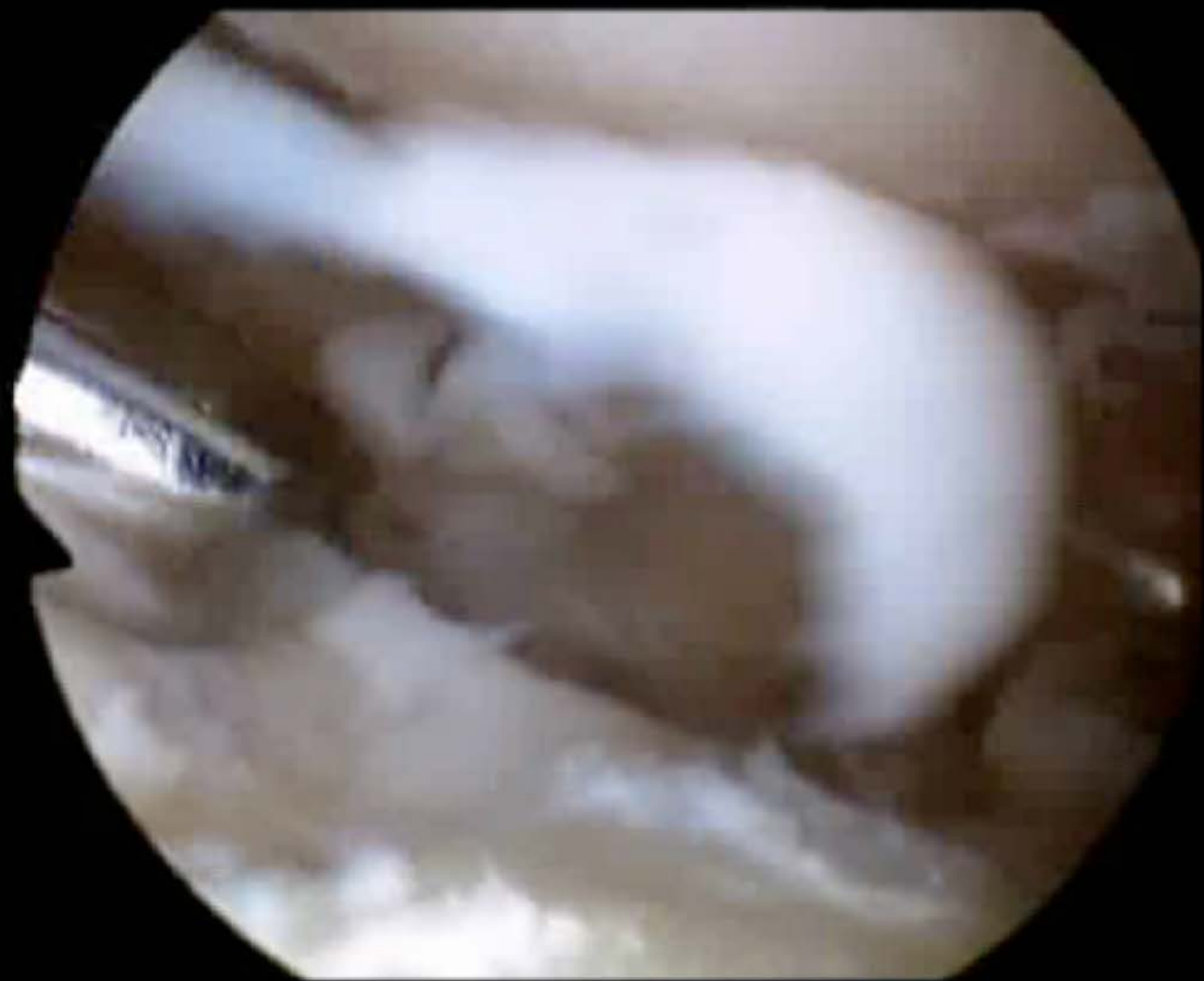
- ANTEROMEDIAL
- ANTEROLATERAL
- ACCESSORY PORTALS
  
- PERONEAL  
SUPERFICIAL NERVE

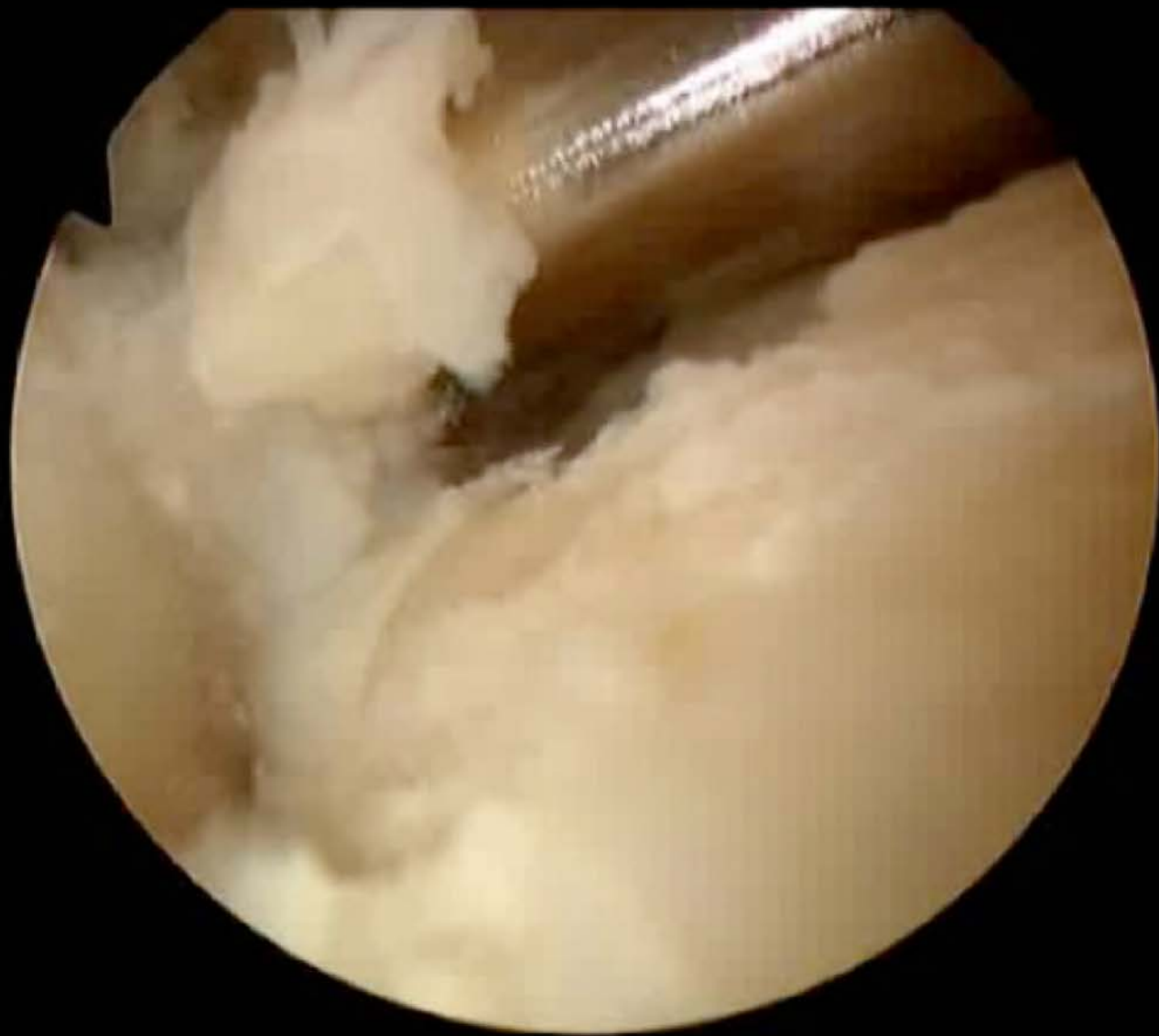


# ARTHROSCOPIC STEPS

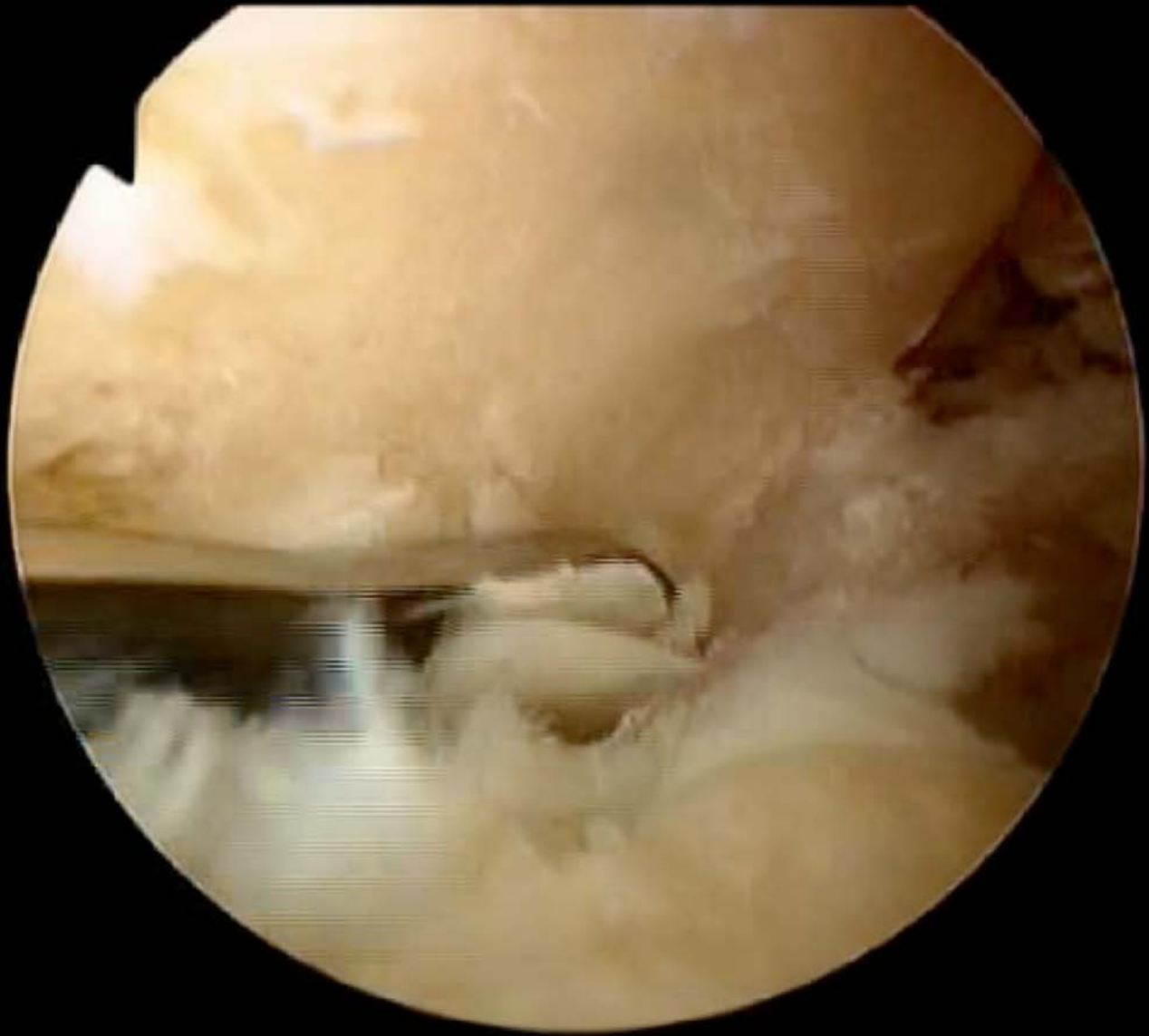
- 1: CARTILAGE REMOVAL
  - TALAR DOME, TIBIAL PLAFOND, GUTTERS
  - KEEP THE BONE SURFACE AND SHAPE
- 2: DRILLING, MILLING
  - SUBCHONDRAL BONE
- 3: FIXATION
  - ANKLE POSITIONING



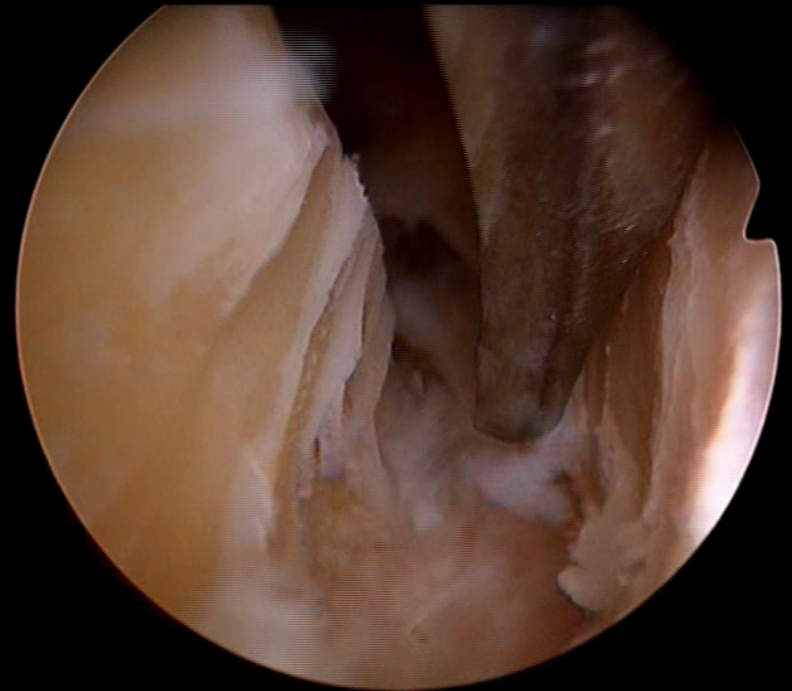




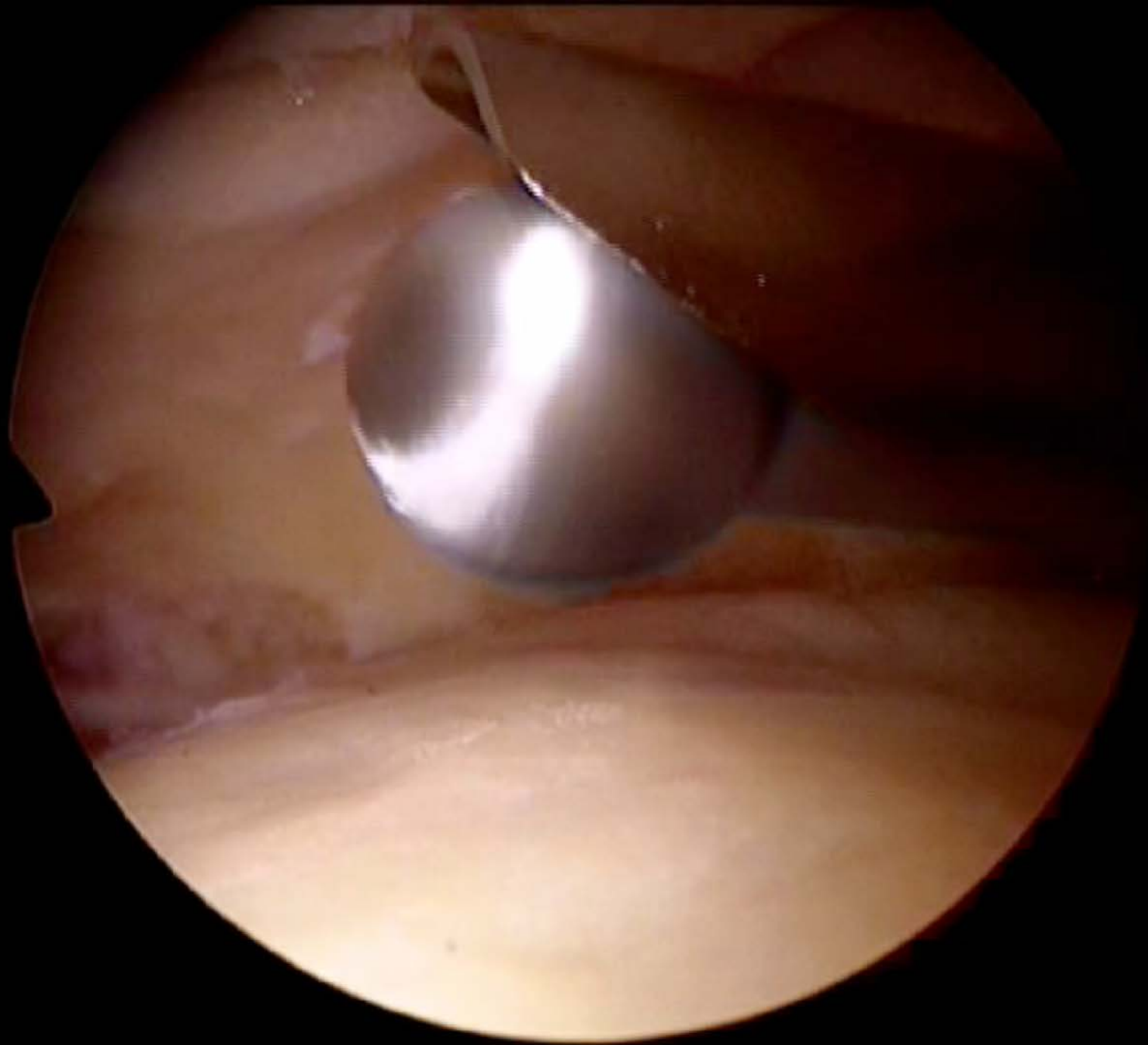


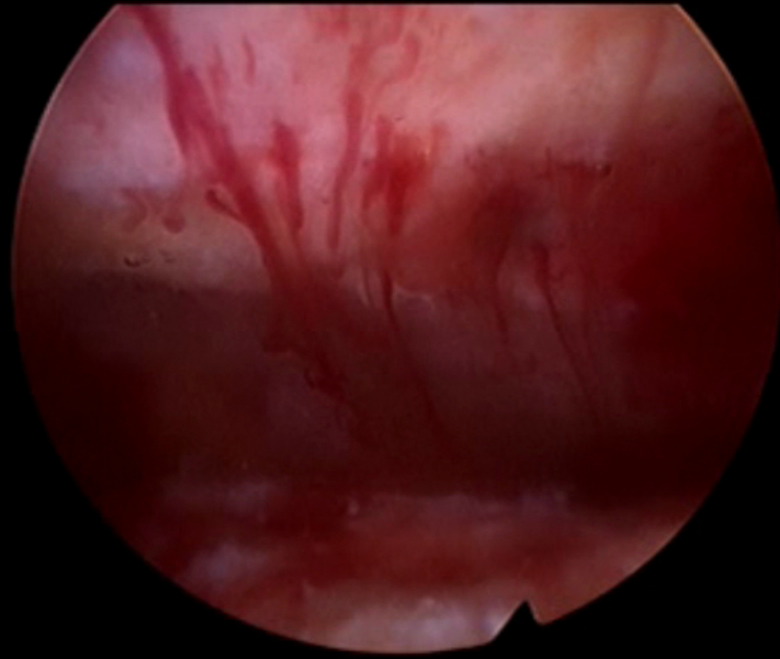
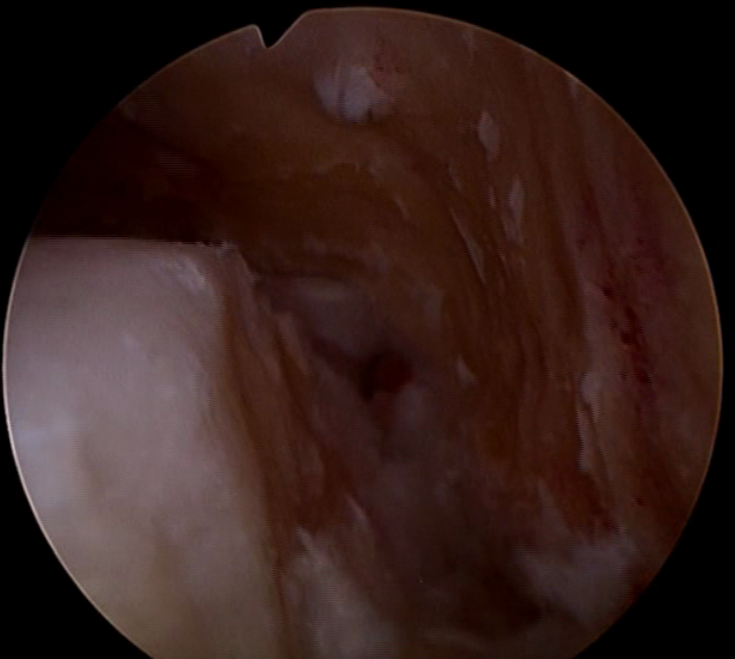
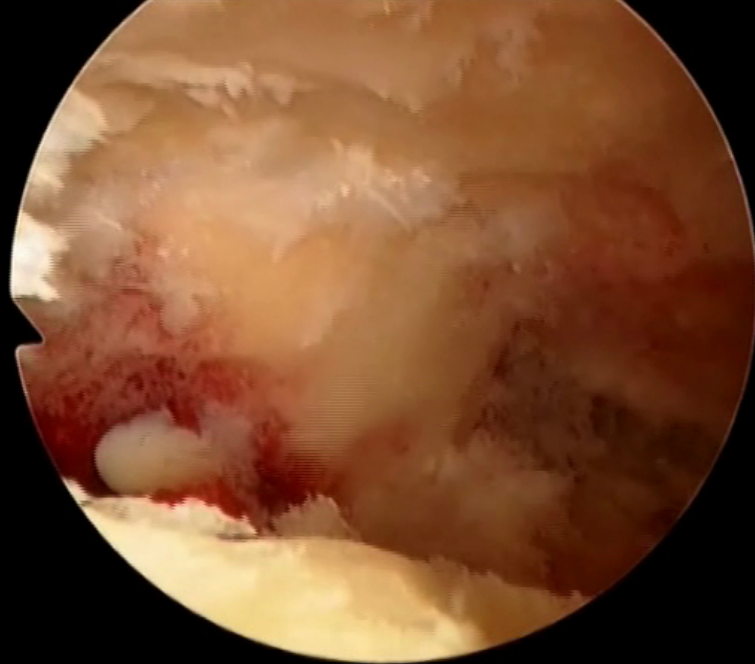
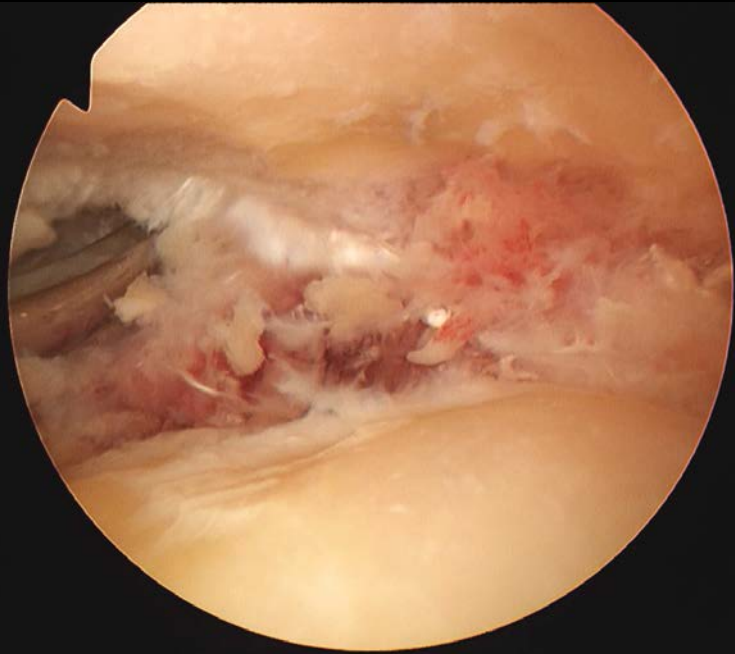


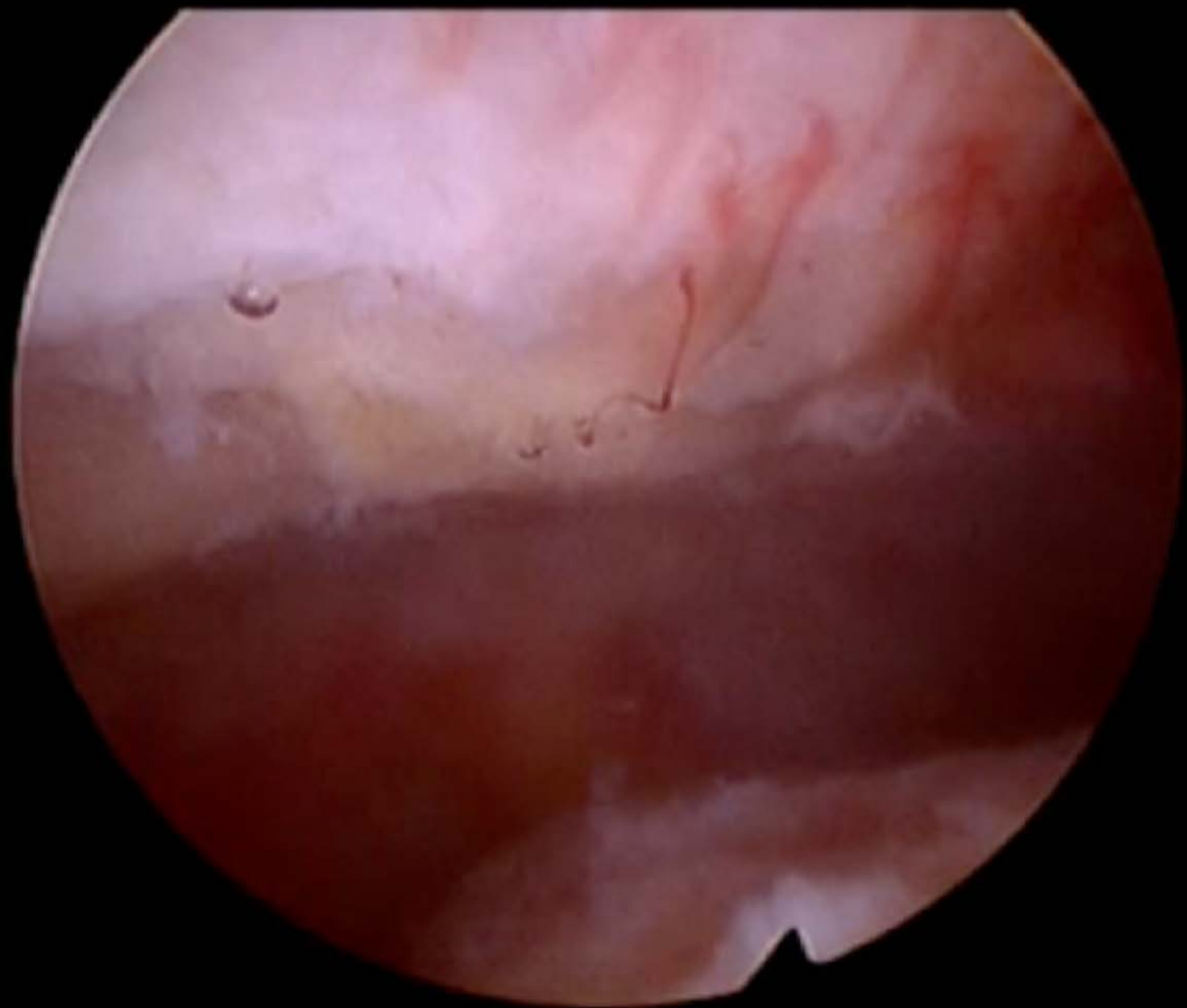


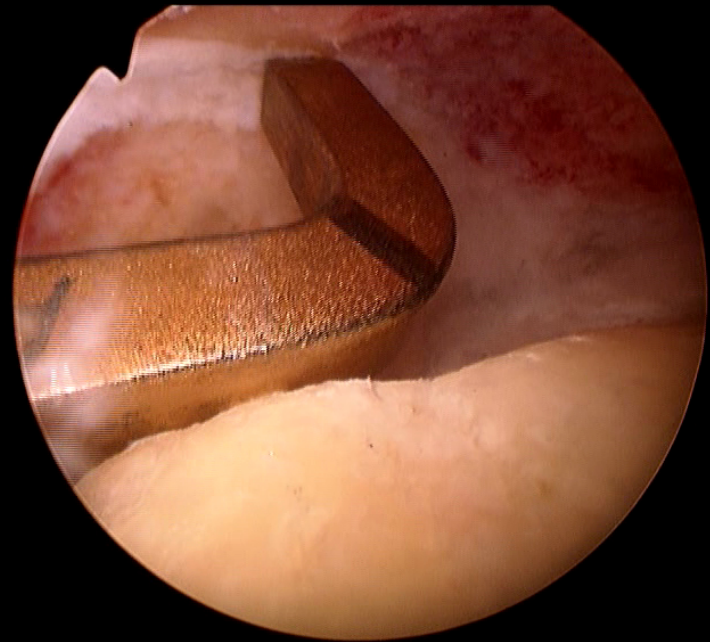
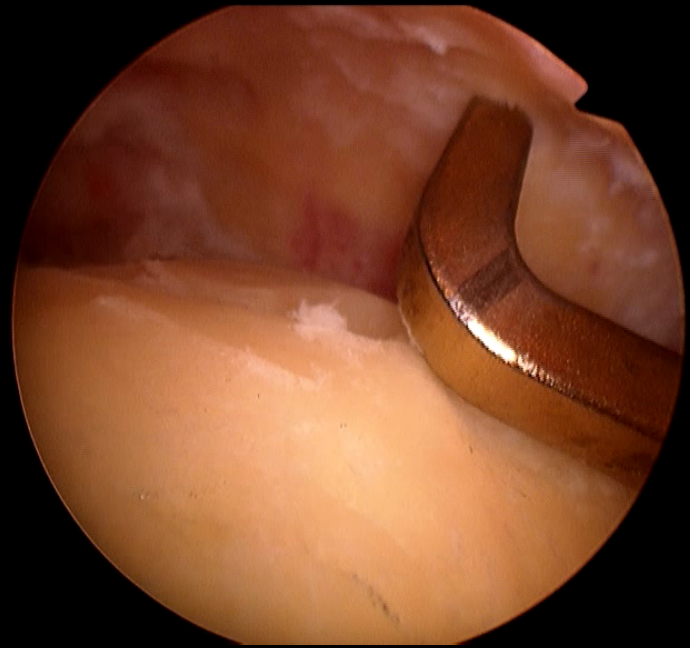


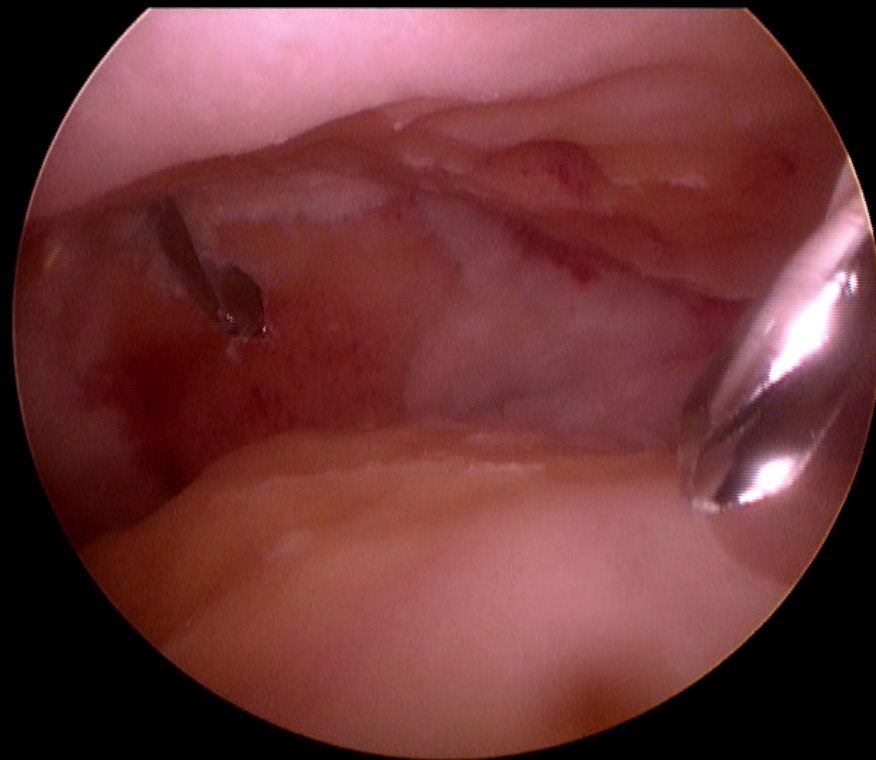














NS: Automatique 3  
 KV: 67  
 ma: 0.090  
 DAP: 0.8099 cGy cm<sup>2</sup>  
 FLUOROSCAN Insight  
 Mode 6  
 50/50  
 0.01  
 dl:



marc.jean  
 arthroscopie de  
 XY  
 19/05/2010  
 10:21:19  
 CLINIQUE LA SAGESSE  
 Dr SEVESTRE, F.Xavier



NS: Automatique 2  
 KV: 67  
 ma: 0.090  
 DAP: 0.8870 cGy cm<sup>2</sup>  
 FLUOROSCAN Insight  
 Mode 6  
 50/50  
 0.01  
 dl:



marc.jean  
 arthroscopie de  
 XY  
 19/05/2010  
 10:20:48  
 CLINIQUE LA SAGESSE  
 Dr SEVESTRE, F.Xavier







FLUORISCAN  
Insight  
Mode 6"  
0 50 / 50

NS: Automatique  
KV: 69  
mA: 0.094  
dt: 0.01  
DAP: 0.4876 cGy cm<sup>2</sup>

FLUORISCAN  
Insight  
Mode 6"  
0 50 / 50  
10

NS: Automatique  
KV: 69  
mA: 0.082  
dt: 0.02  
DAP: 0.7824 cGy cm<sup>2</sup>



# AVOID EQUINUS





marc.jean  
xy  
arthroscope de

NS: Automatique  
Mode 6"  
mAs: 0.086  
di: 0.01  
DAP: 0.4090 cGy cm<sup>2</sup>

marc.jean  
Dr SEVESTRE, F Xavier  
19/05/2010  
10:28:15



xy  
arthroscope de  
marc.jean

NS: Automatique  
Mode 6"  
mAs: 0.088  
di: 0.01  
DAP: 0.4982 cGy cm<sup>2</sup>

FLUOROSCAN  
Insight

marc.jean  
xy  
arthroscope de



CLINIQUE LA SAGESSE  
Dr SEVESTRE, F Xavier  
19/05/2010  
10:37:47



NS: Automatique  
Mode 6"  
mAs: 0.089  
di: 0.01  
DAP: 0.4053 cGy cm<sup>2</sup>

marc.jean  
Dr SEVESTRE, F Xavier  
19/05/2010  
10:25:33



xy  
arthroscope de  
marc.jean

NS: Automatique  
Mode 6"  
mAs: 0.080  
di: 0.02  
DAP: 0.6888 cGy cm<sup>2</sup>

FLUOROSCAN  
Insight





# RESULTS

- AVERAGE FUSION RATE: 90%
- SFA 1998
  - FUSION: 87%
  - NON UNION RISK FACTORS
    - EXTERNAL FIXATOR (23%) VS SCREWS (9%)
    - TIBIOTALAR SCREWS ALONE (13%) VS TT + FIBULOTALAR SCREWS (3%)



# RESULTS

- NON UNION RISK FACTORS
  - OBESITY, TOBACCO, AVN
  - RESIDUAL EQUINUS
- SHORTER DELAY OF UNION
  - 8.7 WEEKS VS 14.5 WEEKS



# DIFFICULTIES

- SURGEON EXPERIENCE
- LONGER OPERATIVE TIME





# PITFALLS

- RESIDUAL EQUINUS
- ANTERIOR TALAR TRANSLATION



# INDICATIONS

- NO MAJOR BONE LOSS
- FRONTAL AND SAGITTAL DEFORMITIES
  - BASICALLY:  $<15^\circ$
  - EXTENDED INDICATIONS
    - Cannon (foot ankle int. 2004)
    - Winson (JBJS B 2005)
    - FX Sevestre (SFA, GRECMIP)
    - Gougoulas (foot ankle int. 2007)
      - » 2 groups : A (  $48 < 15^\circ$  ) VS B (  $30 > 15^\circ$  max  $45^\circ$  )
      - » Same 97 % fusion, axial correction in 2 groups
      - » Good release of the gutters

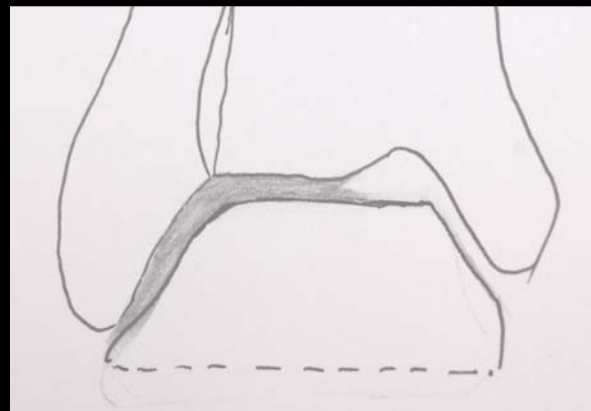


???



Frontal malalignment = asymmetric wear increased by a laxity in the convexity of the deformity

Reducibility can be easily appreciated by a dynamic radiograph preoperative



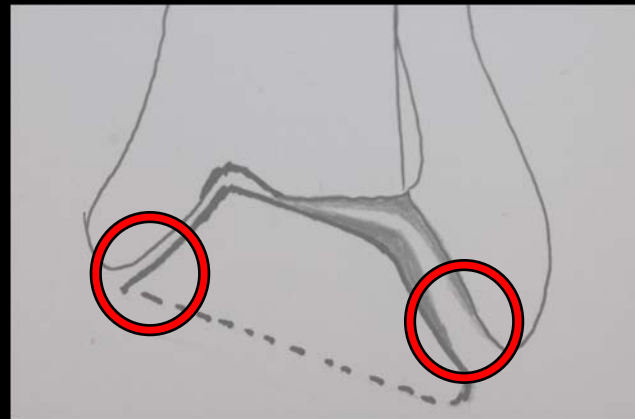
COMPLETE REDUCIBILITY



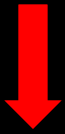
EASY ARTHROSCOPIC PROCEDURE



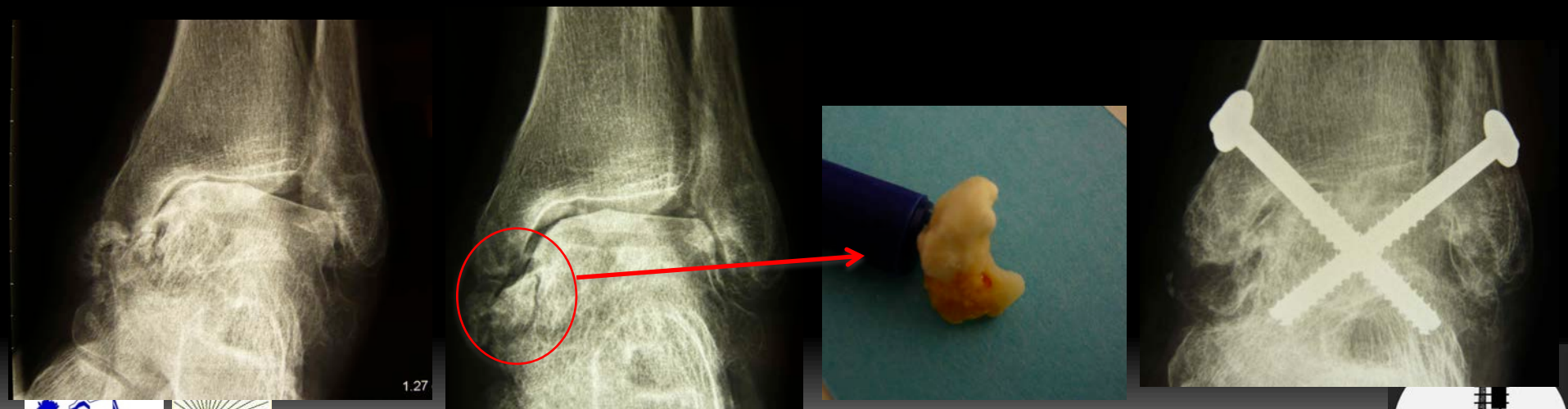
A partial reduction of the déformity must be completed by a gutters optimal release, with arthroscopic arthrolisis



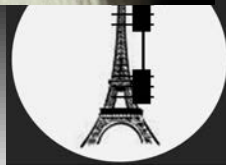
Partial reduction



More difficult  
arthroscopic time



Bone fragment from the medial  
arthroscopic arthrolisis

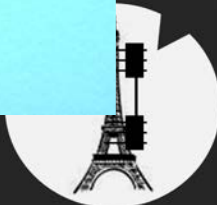
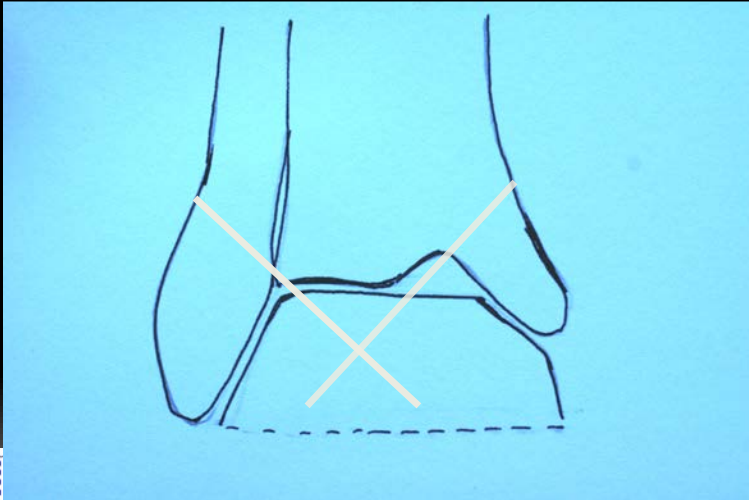
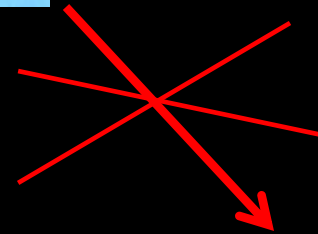
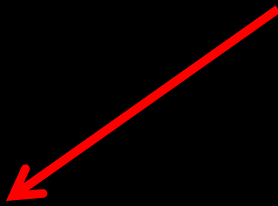
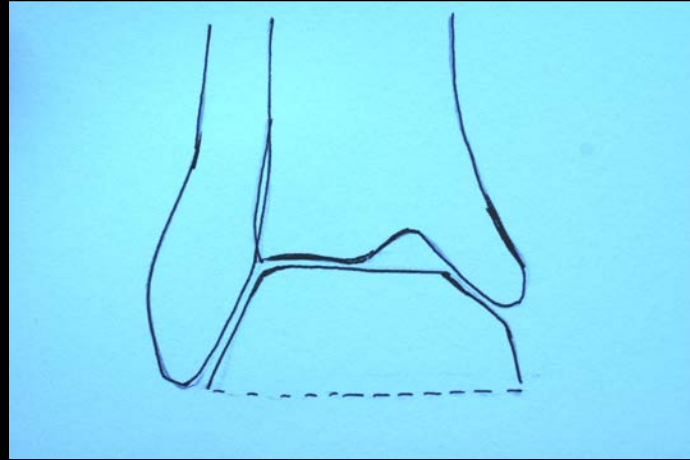




# Last difficulty at the time of fixation

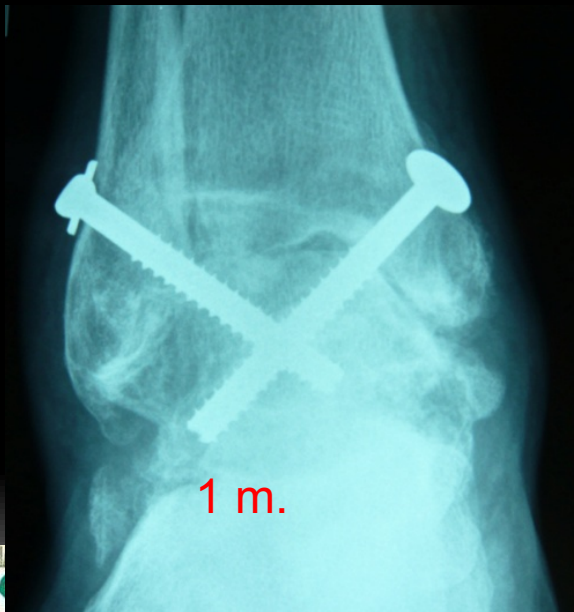
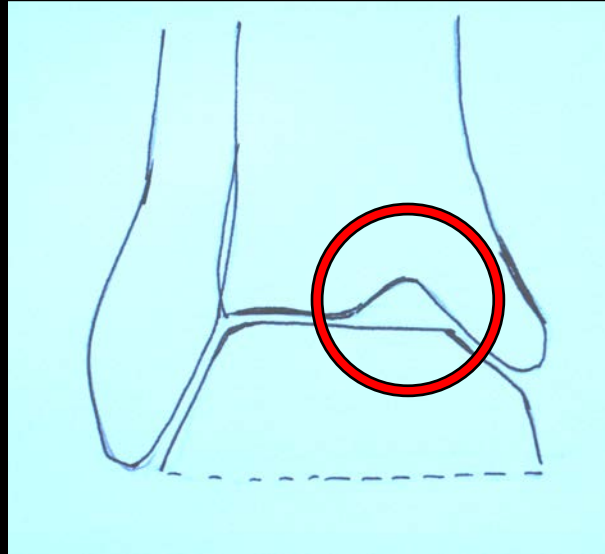


# Don't fall in the bone defect !!!





# bone defect





# CONCLUSION

- Majority of coronal deformities
  - BUT NOT AT THE BEGINNING OF YOUR EXPERIENCE !!!
- Importance of dynamic radiograph
- Technical difficulties:
  - If partial reducibility / arthroscopic arthrolysis
  - Don't fall in the defect at ostesynthesis time

